

EAT. DRINK. SOCIALIZE.

LAKESIDE MARKETPLACE

Monday – Friday
Breakfast: 7:30 am – 9:00 am
Lunch: 11:00 am – 1:30 pm

WEEK OF JANUARY 12




WEEKLY BREAKFAST FEATURES

INCLUDES CHOICE OF SIDE

MONTE CRISTO BREAKFAST BISCUIT SANDWICH

sweet battered buttermilk biscuit, ham, provolone cheese, fried egg, and strawberry jam

FIT CITRUS BREAKFAST BOWL (V)

 cilantro lime brown rice, spicy black beans, cage-free fried egg, chopped cilantro, and citrus tomato salsa

MON

CHEF'S TABLE: BIRRIA BAO BUNS

juicy braised beef on a steamed bao bun with cilantro and pickle onions served with thick broth topped with rice

GLOBAL: ROOTD AND SEEDS

grilled wild salmon over fresh chopped romaine with housemade croutons, parmesan cheese, and caesar dressing

TUES

FOODWORKS: THE CHILI HUT

choice of cheese coney, 2-way, 3-way, 4-way, 5-way, walking taco,

price vari

GLOBAL: ROOTD AND SEEDS

grilled wild salmon over fresh chopped romaine with housemade croutons, parmesan cheese, and caesar dressing

WED

MAD SPICE: CHIKEN MACHURIAN OR PANEER MACHURIAN

served with schewzan fried rice, garlic cashew green beans and vegetables pakoras

GLOBAL: ROOTD AND SEEDS

grilled wild salmon over fresh chopped romaine with housemade croutons, parmesan cheese, and caesar dressing

THURS

CHEF'S TABLE: CHICKEN OR PORK PAD THAI

served with rice noodles, onions, peppers, cilantro, lime, carrot, chili peppers and peanuts

GLOBAL: ROOTD AND SEEDS

grilled wild salmon over fresh chopped romaine with housemade croutons, parmesan cheese, and caesar dressing

FRI

PICOLA ITALIA: LASAGNA AL FORNO

served side caesar salad and breadsticks

FLAME

AVAILABLE ALL WEEK

includes choice of side

ULTIMATE TUNA MELT

fat-free tuna salad with cheddar cheese and garlic aioli on toasted sourdough bread

SPICY AVOCADO BEAN BURGER (V)

black bean burger topped with sliced avocado, chipotle aioli, lettuce, onion and tomato on a whole wheat bun

SWAP YOUR SIDE

FIT mezze spiced roasted winter vegetables (VG)

PICCOLA ITALIA

CHICKEN CORDON BLUE CALZONE

MEATBALL CALZONE

PEPPERONI CALZONE

BUTCHER & BAKER

AVAILABLE ALL WEEK

includes choice of side

ROAST BEEF AND PORTOBELLO

roast beef, portobello mushroom, cheddar cheese, and horseradish mayonnaise on a baguette

FIT CHICKPEA SALAD SANDWICH (V)

chickpea salad, tomatoes, and arugula on multigrain bread

SWAP YOUR SIDE

FIT farro couscous with brussels & cranberry (VG)

SOUP

MONDAY

chicken chili or garden vegetables

TUESDAY

chicken chili or cauliflower soup

WEDNESDAY

chicken chili or mushroom broth

THURSDAY


chicken chili or spicy thai lentil soup

FRIDAY

chicken chili or garden vegetable

CONNECT WITH US

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denotes registered dietitian pick